

Camp Winnataska Menu 2011

MENU	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast 7:45		scrambled eggs biscuits/gravy grits sausage patties oj and milk cereal fruit	pancakes sausage links oj and milk cereal fruit	cinnamon rolls bacon oj and milk cereal fruit	french toast sticks sausage links oj and milk cereal fruit	scrambled eggs biscuits/gravy grits sausage patties oj and milk cereal fruit	doughnuts muffins oj and milk cereal fruit
Lunch 12:15	grilled chicken sandwiches/salad red skin potato salad cookies Crystal Light	chicken wings with 3 sauces carrot and celery sticks fresh fruit Crystal Light	grilled hot dogs tater tots fresh fruit salad Crystal Light	hamburgers chips baked beans jell-o Crystal Light	chicken fillet sandwich marinara sauce mozzarella cheese red skin potato wedges w/ ranch cookies Crystal Light	sub sandwiches with deli meats & cheeses chips brownies Crystal Light	
Dinner 6:15	chicken tenders mashed potatoes green beans rolls banana pudding Crystal Light *potato bar	spaghetti with meat sauce or marinara corn rolls Crystal Light *potato bar	fried chicken macaroni & cheese green beans rolls watermelon Crystal Light *potato bar	chicken pot pie fried okra Rolls Crystal Light *potato bar	BBQ macaroni and cheese green beans Texas Toast dirt Crystal Light *potato bar	cheese/sausage pizza corn rolls fried pies Crystal Light *potato bar	

A salad bar is available at lunch and dinner. Water is available at every meal.
Campers can also ask for a peanut butter and jelly sandwich – supplies are kept in the kitchen due to camper allergies.